/18 cont./

III.

Education -- The Educated -- The Educators

565 While the upper class in Abkhazia enjoyed privilege and
566 power, the situation of the lower classes was one of great oppression; /19/ the batoni (master, feudal lord) looked upon his subject, his slave, as a commodity; he could sell or pawn him
[567] according to circumstances. However, even after the abolition
[579] of slavery, the position of the peasantry did not improve, due to the fact that the nobility did not cease from robbery and pillage and plunder until the most recent times.

565 Under such a state of affairs, all the peasantry could do
608 was to resign itself to feudal conditions and try, wherever possible, to get protection. The best method lay in the custom of adoption, or the rearing of the sons of the aristocrats by the peasants. Thanks to this custom, the aristocrats themselves were strengthened, for in this way they gained in the peasants their most faithful supporters, while at the same time freeing their wives from the onerous duty of bringing up and feeding their own children. This is the reason that in all Abkhazia there is not a single peasant who has not reared one or several princes and nobles; as a consequence of this custom, hardly one per cent of the nobles have been nursed at their own mother's breast.

Before the beginning of childbirth in a family of the aristocracy (didebuli), on the one hand relatives and acquaintances and, on the other hand, the future foster-mothers of the expected child, accompanied by their husbands and female relatives in order to be able to bear the newborn foster-child back to their village with due ceremony, begin to gather around the pregnant
●344 woman. During the childbirth, girls from the village also come to
565 visit the expectant mother in order to distract her and to relieve
[533] her sufferings during labor with gay songs and the telling of fables
[538] and fairy tales. The husband is absent during this time. According to the customs of the country, he is not allowed to be present when his wife gives birth and therefore leaves the home. Above

/19 cont./

844 565 the bed of the expectant mother a cord is suspended from the ceiling, which she can grasp during the severe pains and spasms of childbirth. It is indecent for her to let her moans and screams reach the ears of her parents-in-law; she must staunchly bear her sufferings so as not to lose their respect forever. At last the child is delivered. The birth of a boy brings more joy to the [842] mother than the birth of a girl, as it gives her more respect and honor in the eyes of society, but she is not particularly saddened by the birth of a daughter either, for it still serves as proof of her fertility. The newborn child is left in the care of the wet nurse [608] (the wife of the foster father), and the female relatives congratu- [853] late the new mother on the happy /20/ outcome of the delivery. The mother, too, is happy, and most of all, of course, because with the passing of the baby into the care of others she herself will soon recover and, free from caring for it, can more easily preserve her beauty and freshness of face. In a few days her husband returns and in his turn congratulates her on the delivery of her child (1).

1. Cf. the excellent article, "Abkhazia," by K. Machavariani in the newspaper Iveriia, 1884, No. 275.

608 565 On the day set for the departure of the wet nurse with the newborn baby, the parents give a banquet and give her the materials for a dress, for underwear, and for all the appurtenances for the child's cradle, a copper kettle to bathe it in, and other small articles.

From this day on the foster mother receives the honorary title of anadzdzei (nurse, foster mother), and both she and her husband, the abadzdzei (foster father), are held in universal respect; upon its entry into the house of the foster father and mother, the baby is recognized as a ward (akhupha) of the family to which the foster father belongs.

The foster parents cherish the child in due fashion and maintain him in comfort and contentment. After two or three [431] years the child is taken to its parents, along with presents consisting of one or two bulls, a goat, capons, wine, bread, etc.

/41 cont./

755 unnoticed by the occupants of the house of the sick, takes
782 some object belonging to the sick person, e.g., a dress, etc., and goes to the river. Standing on the bank, she says, "Mother of the Water, mistress, if the sick person was bound by you, unbind him"; she then touches the water three times with the object belonging to the sick person and scoops up a few drops of it with alder leaves, which she carefully carries home, where she fastens them to the ceiling above the hearth, convinced that the fever will then disappear like the water in the leaves; then she runs out of the house with the words, "May your sickness also run away like this."

[756] If the sick person feels relief after this, a praying-woman is invited in, a hen and a rooster are prepared with a stuffed loaf of unleavened bread, and three candles are molded, which are distributed in the following manner: the hen and one candle are allotted to the "Mother of the Water," the rooster and the second candle to her husband, and the third candle to their maid-servant, called Abzahav-Abzachav (benefactress). The sick person goes to the water with the praying-woman and kneels down. The praying-woman takes a candle, lights it and places it near the water, and addresses a prayer for the relief of the sick person to the "Mother of the Water" -- dzdzlan dzahvvazh khiphsha gvasha ("Mother of the Water," "mistress of the water," Khiphsha Gvasha); she lights another candle and makes the same request of the "lord husband" of the "Mother of the Water, finally she sets in place the third lighted candle and begs the maid-servant to serve as intercessor and mediator for the afflicted one with her "masters." Then she passes her hand over the sick person's back and gives him "azati" (liberty) from his ailment.

782 585 844 A similar ceremony is performed for the young bride on the occasion when she is for the first time "led out to the water" (i.e., taken to fetch water); it is also performed for a woman in labor so that she may have plentiful milk. In this case, if the ceremony cannot be performed in full, an egg for the "Mother of the Water" is thrown into the water during the prayer.

[770 cont.]

755 might leave. As soon as the afflicted person is able, he himself goes to the water with a prayer-woman; there he kneels and
[782] offers up a hen to the mother of the waters, a rooster to her husband, and a candle to each of them and to her female servant (Abza 'avabzatšav = benefactress, intercessor). The woman prays and strokes the sick person on the back for "deliverance" (azati).

If someone suffers from jaundice or debility, [771] the "irreproachable" elders lead him to the river, lay his clothing, silver articles, etc. on both banks, and make a bridge of twisted yarn over the river; the prayer-woman then circles the sick person with a doll and prays to the rainbow in the name of the Eliap'ši, to the mother of the waters, and to her husband. She
[782] casts into the water pieces of the food that was brought along: roasted chickens, tongue-shaped flat-cakes, etc., and she allows the doll to float downstream in a gourd with a burning candle, while she prays that the goddess amuse herself with it rather than with the sick person. Finally she gives the latter "deliverance," and he may not look back on the way home (cf. p. 924 f. [untranslated]).

231 789 When rinderpest struck, the Kemirkehe used to dig a tunnel in a steep river-bank and in the middle of this a pit in which they fastened a black cat with a silver belt. They covered the pit with boards and earth, ignited a fire on top by rubbing two sticks together, and drove the cattle through the river and the tunnel, to the accompaniment of the priests' litany. Afterwards the cat was freed.

842 The above-mentioned threefold prayer at the water is aimed at fertility when one "leads to the water" a young woman
• 844 for the first time, during which an egg is thrown in, and, in the case of a woman in childbed, food for the infant.

787 [821] The Abkhaz read signs for future events, for a favorable or unfavorable outcome for undertakings, from the stars, from the form of the moon, from meeting certain animals or human beings, and also, in the manner of the Tatars, from the cracks in a sheep's shoulder-blade that has been cast into the fire (see Vol. II, p. 325).